

Stepping Out for Your Heart - 2010 5K

Overall Finish List - October 16, 2010

Place	Name	City	Age	Sex	Time	
1	Melford McDonald	Tifton, Ga.	16	M	18:05	1st Male Overall
2	Matthew Myers	Tifton, Ga.	16	M	18:25	1st Male 15-19
3	Luke Myers	Tifton, Ga.	16	M	19:20	2nd Male 15-19
4	Randy Carr	Tifton, Ga.	38	M	19:32	1st Male 35-39
5	Chris Floyd	Ashburn, Ga.	30	M	20:05	1st Male 30-34
6	Chuck Davis	Tallahassee, Fl.	49	M	20:15	1st Male Masters
7	Frank Davis	Tifton, Ga.	50	M	20:20	1st Male 50-54
8	Scott Knowles	Tifton, Ga.	31	M	20:41	2nd Male 30-34
9	Cooper Browning	Tifton, Ga.	27	M	20:45	1st Male 25-29
10	Jim Pack	Cordele, Ga.	42	M	21:13	1st Male 40-44
11	Brandon Jones	Madison, Al.	37	M	21:42	2nd Male 35-39
12	Matt Harper	Tifton, Ga.	30	M	21:55	3rd Male 30-34
13	Kenny Hill	Fitzgerald, Ga.	44	M	22:12	2nd Male 40-44
14	Mike Whitehurst	Cordele, Ga.	48	M	22:23	1st Male 45-49
15	Katherine McGarr	Cordele, Ga.	13	F	23:06	1st Female Overall
16	Sam Greene	Tifton, Ga.	15	M	23:27	3rd Male 15-19
17	Kelly Chastain	Tifton, Ga.	25	M	23:30	2nd Male 25-29
18	Mike Phillips	Fitzgerald, Ga.	46	M	23:37	2nd Male 45-49
19	Carrie Ann Turner	Tifton, Ga.	37	F	23:42	1st Female 35-39
20	Frank McLeod	Fitzgerald, Ga.	62	M	23:51	1st Male 60-64
21	Shannon Dorman	Tifton, Ga.	43	M	23:51	3rd Male 40-44
22	Zack Beier	Tifton, Ga.	14	M	24:16	1st Male 11-14
23	Andy Graham	Sycamore, Ga.	35	M	24:34	3rd Male 35-39
24	Bob Bowen	Nashville, Ga.	67	M	25:12	1st Male 65-69
25	Daniel Bailey	Tifton, Ga.	44	M	25:22	
26	Jordan Coleman	Cordele, Ga.	25	F	25:25	1st Female 25-29
27	Angel Sumner	Tifton, Ga.	28	F	25:26	2nd Female 25-29
28	Kristy Lamb	Tifton, Ga.	31	F	25:47	1st Female 30-34
29	Penelope Williams	Tifton, Ga.	28	F	25:49	3rd Female 25-29
30	Katie Petrie	Tifton, Ga.	26	F	26:01	
31	Bill Anderson	Tifton, Ga.	55	M	26:07	1st Male 55-59
32	Brenda Anderson	Tifton, Ga.	49	F	26:07	1st Female Masters
33	Walt Stone	Lenox, Ga.	35	M	26:10	
34	Chip Champion	Tifton, Ga.	37	M	26:17	
35	Sam Vasquez	Tifton, Ga.	27	M	26:24	3rd Male 25-29
36	Gina Purvis	Tifton, Ga.	51	F	26:25	1st Female 50-54
37	Stacey McGarr	Cordele, Ga.	38	F	26:26	2nd Female 35-39
38	John Waddell	Tifton, Ga.	41	M	26:30	
39	Peyton Griffin	Nashville, Ga.	16	M	26:45	
40	Sam Wright	Tifton, Ga.	50	M	27:06	2nd Male 50-54
41	Jana Davis	Tallahassee, Fl.	40	F	27:09	1st Female 40-44
42	Lance Simpson	Tifton, Ga.	27	M	27:22	
43	Chris Williamson	Abbeville, Ga.	26	M	27:34	
44	Gail Barnard	Tifton, Ga.	43	F	27:43	2nd Female 40-44
45	Marie Hamill	Tifton, Ga.	27	M	27:50	
46	Andrea Martin	Tifton, Ga.	28	F	27:54	
47	Steven Haggard	Mystic, Ga.	20	M	28:15	1st Male 20-24

48	Marsha Smith	Tifton, Ga.	30	F	28:17	2nd Female 30-34
49	Tim Hoffman	Tifton, Ga.	41	M	28:30	
50	Calvin Hobbs	Lenox, Ga.	61	M	28:58	2nd Male 60-64
51	Cassie Sylvester	Ashburn, Ga.	29	F	29:04	
52	Lon Kemeness	Tifton, Ga.	41	M	29:06	
53	Renata Elad	Tifton, Ga.	45	F	29:08	1st Female 45-49
54	Ilse Boyette	Tifton, Ga.	61	F	29:11	1st Female 60-64
55	Patrick Harris	Sycamore, Ga.	23	M	29:12	2nd Male 20-24
56	Zack Greer	Tifton, Ga.	25	M	29:20	
57	Kenneth Batten	Tifton, Ga.	27	M	29:30	
58	Tom Shoup	Tifton, Ga.	52	M	29:45	3rd Male 50-54
59	Alison Holstead	Chula, Ga.	27	F	29:58	
60	David Kimbrell	Tifton, Ga.	43	M	29:59	
61	Smitty Lamb	Tifton, Ga.	42	M	30:00	
62	Courtney Beier	Tifton, Ga.	12	F	30:30	1st Female 11-14
63	Payton Baerwald	Tifton, Ga.	12	F	30:31	2nd Female 11-14
64	Laura Burke	Tifton, Ga.	29	F	30:57	1st Female 20-24
65	Mark Myers	Tifton, Ga.	51	M	31:15	
66	Laura Cutts	Chula, Ga.	34	F	31:25	3rd Female 30-34
67	Erin Griffin	Chula, Ga.	25	F	31:38	
68	Gary Dicks	Tifton, Ga.	47	M	31:58	3rd Male 45-49
69	Tammy Griffin	Tifton, Ga.	46	F	32:04	2nd Female 45-49
70	Rita Taylor	Chula, Ga.	30	F	32:04	
71	Martha Cunningham	Tifton, Ga.	37	F	32:05	3rd Female 35-39
72	Laura Akins	Nashville, Ga.	31	F	32:07	
73	Suzanne Lamb	Tifton, Ga.	42	F	32:10	
74	Angie Hunt	Tifton, Ga.	46	F	32:26	3rd Female 45-49
75	Terri Martin	Fitzgerald, Ga.	45	F	32:46	
76	Kristy Redlinger	Tifton, Ga.	38	F	33:10	
77	Katherine Gibbons	Tifton, Ga.	57	F	33:25	1st Female 55-59
78	Brigitte Moffet	Nashville, Ga.	26	F	33:29	
79	Megan Davis	Vienna, Ga.	27	F	33:29	
80	Lisa Gibbs	Tifton, Ga.	55	F	33:31	2nd Female 55-59
81	Sheila Oliver	Adel, Ga.	47	F	33:33	
82	Lisa Coleman	Cordele, Ga.	46	F	33:50	
83	Jessica Mathis	Nashville, Ga.	34	F	34:03	
84	Katie Raulerson	Adel, Ga.	22	F	34:08	2nd Female 20-24
85	Bill Pack	Cordele, Ga.	73	M	34:13	1st Male 70 & over
86	No Card					
87	No Card					
88	Michael Lasseter	Tifton, Ga.	29	M	34:18	
89	Robin Lasseter	Tifton, Ga.	30	F	34:18	
90	Kirsten Ponsell	Tifton, Ga.	27	F	34:36	
91	No Card					
92	Michasia Harris	Tifton, Ga.	18	F	34:42	1st Female 15-19
93	Jane Bennett	TyTy, Ga.	48	F	34:51	
94	Sarah Johnson	Tifton, Ga.	24	F	35:02	3rd Female 20-24
95	Tracy Banks	Tifton, Ga.	35	F	35:12	
96	Tammy Hobbs	Lenox, Ga.	47	F	35:35	
97	Jessica Morey	Tifton, Ga.	33	F	35:47	
98	Becky Smith	Lenox, Ga.	32	F	35:59	
99	Mandy Knowles	Tifton, Ga.	30	F	35:59	
100	Rebecca Gill	Tifton, Ga.	43	F	37:00	

101	Pam Walden	Tifton, Ga.	47	F	37:01	
102	Mary Harris	Tifton, Ga.	46	F	37:11	
103	Amanda Wimberly	Tifton, Ga.	29	F	37:21	
104	Terri Billings	Tifton, Ga.	33	F	37:30	
105	Kristy Daniels	Tifton, Ga.	30	F	37:33	
106	Wendy Thompson	Norman Park, Ga.	30	F	37:33	
107	Chloe Phillips	Tifton, Ga.	25	F	37:40	
108	Rodney Brooks	Leesburg, Ga.	31	M	37:40	
109	Anna Cossey	Lake Park, Ga.	28	F	38:04	
110	Toni Key	Tifton, Ga.	41	F	38:33	
111	Claire Byrnes	Tifton, Ga.	25	F	38:38	
112	Erin Napier	Lenox, Ga.	25	F	38:38	
113	No Card					
114	Evangela Hampton	Tifton, Ga.	42	F	39:39	
115	Jade Kelly	Tifton, Ga.	31	F	39:40	
116	Shala Brooks	Leesburg, Ga.	31	F	40:28	
117	Mary Bell	Tifton, Ga.	60	F	41:39	2nd Female 60-64
118	Cynthia Lee	Tifton, Ga.	46	F	41:39	
119	No Card					
120	Reba Selph	Tifton, Ga.	46	F	43:00	
121	Brenda Wall	Leesburg, Ga.	58	F	46:02	3rd Female 46:02
122	Stephanie Dorman	Tifton, Ga.	33	F	46:16	
123	Betty T	Tifton, Ga.	72	F	52:00	1st Female 70 & over
124	Loraine Sullivan	Tifton, Ga.	72	F	52:00	2nd Female 70 & over
125	Tonia Garrett	Nashville, Ga.	41	F	52:30	
126	Debbie Browning	Nashville, Ga.	55	F	52:30	

Stepping Out for Your Heart 2010 - 1 Mile

Overall Finish List - October 16, 2010

Place	Name	City	Age	Sex	Time	
1	Cooper Browning	Tifton, Ga.	27	M	6:02	1st Male Overall
2	Scott Knowles	Tifton, Ga.	31	M	6:10	1st Male 30-39
3	Cole Bennett	TyTy, Ga.	15	M	6:38	1st Male 14-19
4	Frank McLeod	Fitzgerald, Ga.	60	M	7:02	1st Male 60-69
5	Dallas Hunt, Jr.	Tifton, Ga.	10	M	7:30	1st Male 9-13
6	Penelope Williams	Tifton, Ga.	28	F	7:33	1st Female Overall
7	Gina Purvis	Tifton, Ga.	51	F	7:59	1st Female 50-59
8	Gail Barnard	Tifton, Ga.	43	F	8:05	1st Female 40-49
9	Lillie Turner	Tifton, Ga.	10	F	8:15	1st Female 9-13
10	Bryanna McInvale	Tifton, Ga.	13	F	9:20	2nd Female 9-13
11	Summer Bennett	TyTy, Ga.	13	F	9:21	3rd Female 9-13
12	Adylein Hunt	Tifton, Ga.	8	F	9:50	1st Female 8&under
13	Lyndsay Moore	Lenox, Ga.	26	F	10:10	1st Female 20-29
14	Harold Abbott	Tifton, Ga.	63	M	10:13	2nd Male 60-69
15	Cheryl Ray	Tifton, Ga.	43	F	10:18	2nd Female 40-49
16	Candice Jackson	Tifton, Ga.	27	F	10:26	2nd Female 20-29
17	Jessica Rich	Tifton, Ga.	29	F	10:28	3rd Female 20-29
18	Barbara Kiser	Tifton, Ga.	50	F	10:45	2nd Female 50-59
19	Monique Anderson	Tifton, Ga.	38	F	10:47	1st Female 30-39
20	Missy Eason	Lenox, Ga.	35	F	10:48	2nd Female 30-39
21	Claire Appleford	Adel, Ga.	7	F	10:48	1st Female 8 & under
22	Cole McClain	Adel, Ga.	14	M	10:48	2nd Male 14-19
23	Blake Tompkins	Macon, Ga.	26	M	11:48	1st Male 20-29
24	Gene Tompkins	Tifton, Ga.	55	M	11:48	1st Male 50-59
25	Nathan Hill	Tifton, Ga.	22	M	11:51	2nd Male 20-29
26	Katelyn Moore	Tifton, Ga.	18	F	11:51	1st Female 14-19
27	Jessica Packer	Tifton, Ga.	31	F	11:57	3rd Female 30-39
28	Cameron Smith	Tifton, Ga.	4	M	12:10	1st Male 8 & under
29	Marsha Smith	Tifton, Ga.	30	F	12:10	
30	Kylei Cutts	Chula, Ga.	5	F	12:42	2nd Female 8&under
31	Linda Abbott	Tifton, Ga.	61	F	12:43	1st Female 60-69
32	Anna Cossey	Lake Park	28	F	12:52	
33	Blaine Kessler	Marietta, Ga.	56	M	12:58	2nd Male 50-59
34	Montana Goodman	Fitzgerald, Ga.	9	F	13:10	
35	James Paul Reaves	Fitzgerald, Ga.	10	M	13:10	2nd Male 9-13
36	Marliana Reaves	Fitzgerald, Ga.	7	F	13:12	3rd Female 8&under
37	Miranda Goodman	Fitzgerald, Ga.	18	F	13:13	2nd Female 14-19
38	Henrietta Howard	Tifton, Ga.	53	F	13:17	3rd Female 50-59
39	Elizabeth McClain	Adel, Ga.	11	F	13:17	
40	Bobby Usry	Tifton, Ga.	73	M	13:35	1st Male 70 & over
41	Christine McHenry	Tifton, Ga.	36	F	14:03	
42	Jessica Wilcox	Pineview, Ga	24	F	14:18	
43	Courtney Taibi	Ocilla, Ga.	20	F	14:18	
44	Mike Woodard	Tifton, Ga.	67	M	14:24	3rd Male 60-69
45	Alison Powell	Omega, Ga.	24	F	14:37	
46	Michelle Aultman	Tifton, Ga.	32	F	14:37	
47	Tyler Sumner	Tifton, Ga.	4	M	15:13	2nd Male 8 & under
48	Angel Sumner	Tifton, Ga.	28	F	15:13	
49	Ronnie Rathburn	Fitzgerald, Ga.	60	M	15:28	
50	Patricia Rathburn	Fitzgerald, Ga.	56	F	15:28	
51	Becky Tompkins	Tifton, Ga.	47	F	15:32	3rd Female 40-49

52	Mary Ann Kessler	Marietta, Ga.	55	F	15:40	
53	Dallas Hunt, Sr.	Tifton, Ga.	48	M	15:50	1st Male 40-49
54	Teresa Lanier	Ocilla, Ga.	51	F	15:52	
55	Valeria Creel	Tifton, Ga.	49	F	15:52	
56	No Card					
57	No Card					
58	Angie Griffin	Nashville, Ga.	38	F	16:20	
59	Riley Griffin	Nashville, Ga.	8	F	16:28	2nd Female 8&under
60	Cheryl Koehler	Tifton, Ga.	62	F	16:29	
61	No Card					
62	Robert Harbin	Tifton, Ga.	52	M	16:32	3rd Male 50-59
63	No Card					
64	Terry McClain	Adel, Ga.	47	M	16:39	2nd Male 40-49
65	Monica Phillips	Fitzgerald, Ga.	20	F	16:40	
66	Jordyn Carter	Omega, Ga.	5	F	17:00	3rd Female 8&under
67	Brandy Rhodes	Omega, Ga.	32	F	17:08	
68	April Bryan	Omega, Ga.	30	F	17:08	
69	Madison Taylor	Tifton, Ga.	8	F	17:16	
70	Suzanne Williamson	Lenox, Ga.	28	F	17:16	
71	Madison Newell	Tifton, Ga.	8	F	17:30	
72	Troy Barber	Tifton, Ga.	60	M	17:30	
73	Jerry Wayne Richards	Tifton, Ga.	70	M	17:42	2nd Male 70 & over
74	Ginger Reeves	Lenox, Ga.	57	F	17:56	
75	Marge McCain	Tifton, Ga.	85	F	18:00	1st Female 70&over
76	Jerry Johnson	Tifton, Ga.	77	M	18:00	3rd Male 70 & over
77	Kristen Wiggins	Lenox, Ga.	15	F	18:25	3rd Female 14-19
78	Chasity Taylor	Tifton, Ga.	29	F	18:27	
79	Winnie Whitfield	Tifton, Ga.	61	F	18:27	2nd Female 60-69
80	No Card					
81	No Card					
82	Mark Oliver	Adel, Ga.	49	M	18:55	3rd Male 40-49
83	Michelle Oliver	Adel, Ga.		F	18:55	
84	Paula Crosby	Fitzgerald, Ga.	36	F	19:10	
85	Pam Goodman	Fitzgerald, Ga.	40	F	19:10	
86	Elaina Harden	Tifton, Ga.	28	F	19:15	
87	Ryan Harden	Tifton, Ga.	29	M	19:15	3rd Male 20-29
88	Jackie Bryan	Omega, Ga.	59	F	19:25	
89	Fred Bryan	Omega, Ga.	64	M	19:26	
90	Warena Youmans	Chula, Ga.	62	F	19:32	3rd Female 60-69
91	Marcda Ponedes	Chula, Ga.	20	F	19:32	
92	Holly Moore	Tifton, Ga.	21	F	19:42	
93	Sherry Scott	Lenox, Ga.	48	F	19:42	
94	Kimberly Youman	Chula, Ga.	42	F	20:00	
95	LaRonda Calhoun	Tifton, Ga.	30	F	21:00	
96	Angela Boswell	Labelle, Fa.	40	F	21:00	
97	Kimberly Billings	Tifton, Ga.	36	F	21:04	
98	Kevin Morey	Baconton, Ga.	9	M	21:30	3rd Male 9-13
99	Jason Morey	Baconton, Ga.	11	M	21:30	
100	Chris Goodman	Moultrie, Ga.	30	M	22:15	2nd Male 30-39
101	Jerry Goodman	Moultrie, Ga.	58	M	22:15	
102	Ruth Goodman	Moultrie, Ga.	59	F	22:16	
103	Scot Goodman	Moultrie, Ga.	38	M	22:16	3rd Male 30-39